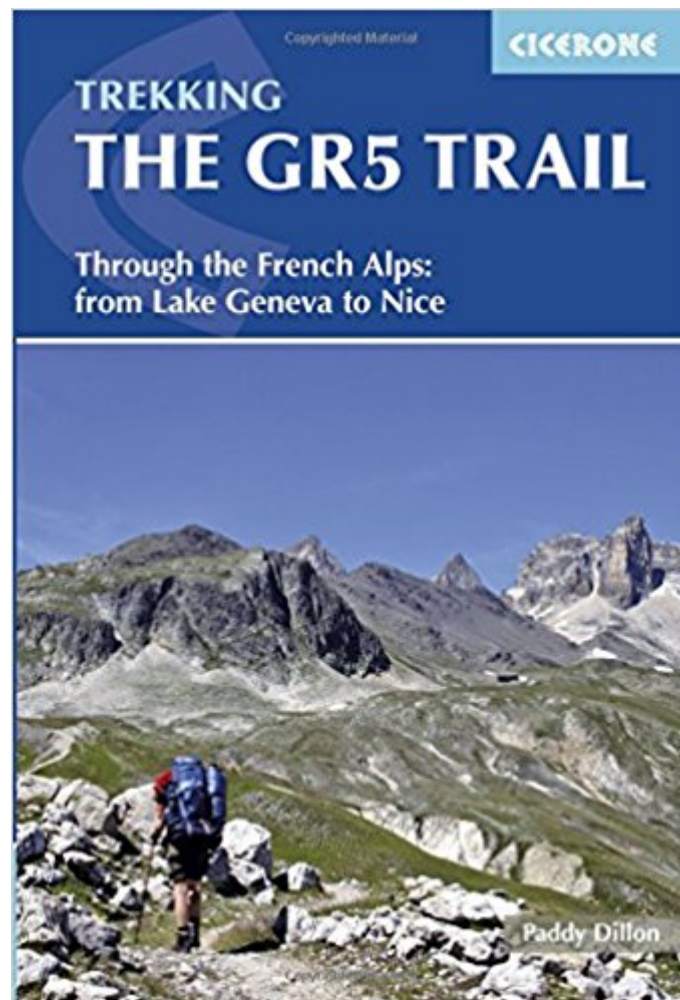




Ebook Directory
the best source of ebook

The book was found

Trekking The GR5 Trail: Through The French Alps: From Lake Geneva To Nice (Cicerone Guides)



Synopsis

The GR5 is one of the world's most spectacular long-distance trails, but at the same time well within the reach of moderately experienced walkers and backpackers. There is good signposting and waymarking, plus lodgings, food and drink are all available at regular intervals. The paths and tracks are generally well graded, while steep climbs are tackled on zigzag paths, so the overall gradient is not so severe. These numerous benefits mean that every summer, thousands of walkers embark on this trek. It makes its way through the Alps from the shores of Lac Léman at Geneva to the Mediterranean at Nice, following a route of 674km (420 miles) on well-graded and well-marked paths and tracks. The route can be trekked in a month, or it can be split over a series of summer trips to prolong the enjoyment. Good public transport links across the length of the trail mean that it is easy to divide the trek into several separate trips. This guidebook also describes some scenic variant routes, including the stunning GR55 through the Vanoise National Park and the delightful GR52 that crosses the Mercantour National Park. Full descriptions and maps are provided for these alternatives, at the appropriate stages. The book includes daily stages, timings, ascents and descents; full-colour mapping and gradient profiles; full information about facilities and services along the route.

Book Information

Series: Cicerone Guides

Flexibound: 320 pages

Publisher: Cicerone Press Limited; 3 edition (March 21, 2016)

Language: English

ISBN-10: 1852848286

ISBN-13: 978-1852848286

Product Dimensions: 4.6 x 0.8 x 7.1 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 1 customer review

Best Sellers Rank: #868,951 in Books (See Top 100 in Books) #114 in [Books > Travel > Europe > Switzerland](#) #1216 in [Books > Travel > Europe > France > General](#) #1273 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging](#)

Customer Reviews

Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name, as well as more than a dozen booklets and brochures. He writes for a number of outdoor magazines and other

publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe, as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada and the US.

good

[Download to continue reading...](#)

Trekking The GR5 Trail: Through the French Alps: From Lake Geneva to Nice (Cicerone Guides)
Alpe-Adria Trail: From the Alps to the Adriatic: A Guide to Hiking through Austria, Slovenia and Italy (Bradt Travel Guide Alpe-Adria Trail: From the Alps to the Ad) Alpine Ski Mountaineering Vol 1 - Western Alps: Western Alps v. 1 (Cicerone Winter and Ski Mountaineering) Walking and Trekking on Corfu: The Corfu Trail and 22 outstanding day-walks (Cicerone Guides) Trekking in Greenland: The Arctic Circle Trail (Cicerone Guides) Kilimanjaro - The Trekking Guide to Africa's Highest Mountain: (Includes Mt Meru And Guides To Nairobi, Dar Es Salaam, Arusha, Moshi And Marangu) (Trailblazer Trekking Guides) Switzerland: Switzerland Travel Guide: 101 Coolest Things to Do in Switzerland (Zurich Travel, Geneva Travel, Budget Travel Switzerland, Swiss Alps) Tour of Mont Blanc: Complete two-way trekking guide (Trekking Guides) Trekking in Corsica: France Trekking Guides (includes Ajaccio, Bastia, and Calvi) Corsica Trekking GR20 (Trailblazer Trekking Guides) Trekking in the Annapurna Region, 4th: Nepal Trekking Guides Alpine Ski Mountaineering Vol 2 - Central and Eastern Alps (Cicerone Guides) The Julian Alps of Slovenia: Mountain Walks and Short Treks (Cicerone Guides) The River Rhone Cycle Route: From the Alps to the Mediterranean (Cicerone Cycling Guides) French Desserts: The Art of French Desserts: The Very Best Traditional French Desserts & Pastries Cookbook (French Dessert Recipes, French Pastry Recipes, French Desserts Cookbook) Alpe-Adria Trail: From the Alps to the Adriatic: Hiking through Austria, Slovenia & Italy (Bradt Travel Guides) Trekking in the Dolomites: Alta Via 1 And Alta Via 2 With Alta Via Routes 3-6 In Outline (Cicerone Guides) Trekking Annapurna: 14 Treks Including the Annapurna Circuit and Sanctuary (Cicerone Guides) Trekking in the Dolomites: Alta Via 1 and Alta Via 2 (Cicerone Guides) Trekking The Way of St Francis: From Florence To Assisi And Rome (Cicerone Guides)

Contact Us

DMCA

Privacy

FAQ & Help